



## **REGLEMENT TRAIL 2026**

English

**1<sup>st</sup> November, 2025**

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## 1. GENERAL

The event will take place for the first time on **June 5–6, 2026**, featuring exciting new courses, greater international participation, and as part of the renowned **Ultraks Series**. By adopting its new name, the event joins the international Ultraks Series, which showcases high-level trail running in several top European regions. The Hochkönig Ultraks is actively supported by Tourismusverband Hochkönig in Maria Alm.

## 2. COURSES

The detailed course profiles of the various routes are available on the website [www.hochkoenig-ultraks.at](http://www.hochkoenig-ultraks.at) and will be updated as changes occur.

Same applies for start times and time-limits that can be changed at short notice. Please consult the website regularly for updates.

Mandatory equipment is listed under Art. 6.1. It will be checked before the start, if a compulsory item is missing the competitor will not be allowed to start.

The distances have been measured as accurately as possible. However, due to the up to 5% margin of error in GPS watches, discrepancies in distance and elevation gain may occur. For example, a 5% deviation on the HK48 route can mean a difference of up to 2.4 km.

### 2.1. Course HK Sprint

Length: 10 km  
D+/D-: 310 m  
Start/Finish: Maria Alm Town Center / Festival Area  
Starting time: 06.06.2026 - 09:30 am

### 2.2. Course HK-Vertical-Race

Length: 5,9 km  
D+/D-: 1.080 m  
Start: Dienten/Town Center  
Finish: Dienten/Lauskopf  
Starting time: 05.06.2026 - 05:00 pm

### 2.3. Course HK20

Length: 20.5 km  
D+/D-: 1.020 m  
Start/Finish: Maria Alm Town Center / Festival Area  
Starting time: 06.06.2026 – 10:00 am

#### **2.4. Course HK30 Panorama**

Length: 32.4 km  
D+/D-: 2.094 m

Start/Finish: Maria Alm Town Center / Festival Area  
Starting time: 06.06.2026 – 07:30 am

#### **2.5. Course HK30 Extreme**

Length: 35,7 km  
D+/D-: 2.6630 m

Start/Finish: Maria Alm Town Center / Festival Area  
Starting time: 06.06.2026 – 08:30 a.m.

Participation requirements for the HK30 Extreme can be found under point 3.1.

#### **2.6. Course HK48**

Length: 48 km  
D+/D-: 2.940m

Start/Finish: Maria Alm Town Center / Festival Area  
Starting time: 06.06.2026 – 06:30 am

#### **2.7. Course HK70**

Length: 71,5 km  
D+/D-: 4.150m

Start: Hinterthal Town Center  
Finish: Maria Alm Town Center / Festival Area  
Starting time: 06.06.2026 – 05:00 am

#### **2.8. Substitution courses**

In case weather conditions would prevent using the original courses, substitution courses will be used, if possible.

#### **2.9. Course and time limit modifications**

In case of bad weather, and for safety reasons, the organisers are entitled to stop the race, to adapt the courses and/or checkpoints and/or time limits. All such decisions will be issued by the Race Committee.

#### **2.10. Marking**

The courses will be marked.

### **3. ENTRY CONDITIONS**

#### **3.1. Participation**

The trails are races with individual scoring. Participation in any special classifications requires explicit registration at the time of registration.

In addition to very good surefootedness and experience in high alpine terrain, an ITRA Performance Index of at least 450 points is required to take part in the HK30 Extreme. The individual ITRA Performance Index can be viewed at <https://itra.run/Runners/FindARunner>.

The qualification points will be checked by the race management on 29.05.2026. If a participant does not have sufficient ITRA points, a start at the HK30-Extreme is NOT POSSIBLE.

#### **3.2. Minimum age**

The persons fulfilling the following conditions can enter the competition:

**Mini-Ultraks:** 2015 and before; 2016 – 2018; 2019 - 2021

**HK Sprint:** 14 years and older

**HK Vertical Race:** 14 years and older

**HK20:** 14 years and older

**HK30-Panorama:** 18 years and older

**HK30-Extreme:** 18 years and older

**HK48:** 18 years and older

**HK70:** 18 years and older

##### **3.1.1 Exemptions**

The organisers keep the right to grant exemptions.

##### **3.1.2 Parental authorisation**

A written parental authorisation will be required for under-18 competitors. The form can be downloaded on our website and must be filled, signed and presented to collect the bib.

#### 4. CATEGORIES

	HK-Sprint	HK-Vertical Race	HK20	HK30-Panorama	HK30-Extreme	HK48	HK70
<b>Men Overall</b>	✓	✓	✓	✓	✓	✓	✓
Men M20	✓	✓	✓	✓	✓	✓	✓
Men M30	✓	✓	✓	✓	✓	✓	✓
Men M4	✓	✓	✓	✓	✓	✓	✓
Men M50	✓	✓	✓	✓	✓	✓	✓
Men M60+	✓	✓	✓	✓	✓	✓	✓
<b>Women Overall</b>	✓	✓	✓	✓	✓	✓	✓
Women W20	✓	✓	✓	✓	✓	✓	✓
Women W30	✓	✓	✓	✓	✓	✓	✓
Women W40	✓	✓	✓	✓	✓	✓	✓
Women W50+	✓	✓	✓	✓	✓	✓	✓
Juniors Boys 14 – 19 years	✓	✓	✓				
Juniors Girls 14 – 19 years	✓	✓	✓				

Only the winners of the respective age groups will be honored. If there are less than five participants in a category, the runners will be classified in the next higher category.

The junior categories will remain regardless of the number of participants.

## 5. REGISTRATION

### 5.1. Entry Fee

Registration takes place in three different price categories.

Pay n 'Run" registration will take place on site on 05/06/25 and on 06/06/25 up to 30 minutes before the start of the respective race. If the race is sold out, on-site registration will no longer be possible. You will find the information on our website.

Trail	Early Bird unti 08.08	Price 1 until 30.09	Price 2 until 30.11	Price 3 until 31.01	Price 4 until 31.03	Price 5 until 04.06	Pay and Run 05./06.06	Participation Limit
Mini-Ultraks	15€	15€	15€	15€	15€	15€	15€	250
HK Vertical	20€	25 €	30 €	35 €	45 €	50€	55 €	150
HK Sprint	20€	25 €	30 €	35 €	40 €	45€	50 €	220
HK20	60€	65€	70€	75€	80€	85€	90€	550
HK30- Panorama	75€	80 €	90 €	100 €	110 €	120€	125 €	400
HK30- Extreme	90€	100 €	110 €	120 €	130 €	150€	155 €	300
HK48	90€	100 €	110 €	120 €	130 €	150€	160 €	300
HK70	-	-	140 €	155 €	170 €	180€	190 €	220

Price in € per person (incl. VAT)

All prices are subject to a service charge of €0.60 + 4.2% per participant.

## **5.2. Limited entries**

The number of participants for all courses is limited for safety reasons. The maximum number of participants per course can be found in Art. 5.1.

## **5.3. Change or cancellation of participation**

### **5.3.1. Cancellation of participation**

In the event of cancellation of registration, participants have no right to a refund, regardless of the reason.

### **5.3.2. Insurance**

Optionally, an insurance policy can be taken out during online registration, which covers the amount of the registration fee in the event of a withdrawal from participation in accordance with the Insurance general conditions. This will be handled directly by the insurance company and not by the organizer.

### **5.3.3. Carryforward to the following year**

The starting place can be transferred to the following year until 29.05.2026 for a fee of €15 via the Time2Win profile. From 30.05.2026 no more transfers can be completed. The starting place can only be transferred once. Even a starting place that has already been transferred cannot be canceled after transfer.

### **5.3.4. Change of course selection**

The route selection can be changed until 29.05.2026 for a fee of 15€. In the event of a route change, the difference between the price at the time of the initial registration and the current registration fee on the day of the change must be paid. If the price initially paid is higher than the registration fee for the new route after the change, the participant is not entitled to a refund.

If the route is changed after 29.05.2026, this is only possible for a processing fee of 20€ on site during the bib distribution.

### **5.3.5. Race cancellation**

If the race is cancelled by the organiser for reasons other than safety or force majeure, the registration fee will be refunded to the participants.

If the race is cancelled by the organiser for safety reasons or due to force majeure, the registration fee cannot be refunded to the participant.

It should be noted that in the event of a change of route or interruption for safety reasons (especially in the event of bad weather conditions) or due to force majeure, no refund will be made.



#### **5.4. Benefits**

Each competitor will receive the following benefits:

- A starting number with timing
- Refreshments during the race and at the finish line
- Warm Runners Meal after the finish
- Luggage storage
- Medal
- Shower (until 8.00 pm)

Anything not expressly mentioned here above is to be organised and borne by the competitors, including transportation, accommodation, food and beverage.

## **6. EQUIPMENT**

### **6.1. Compulsory Equipment**

Compulsory equipment is mandatory for the HK30 EXTREME and HK70.

The equipment will be checked by the race management team before the start. Participants with incomplete mandatory equipment may not start.

#### **HK30 EXTREME - BASIC KIT (always to be carried)**

- Running vest or running belt
- Mobile phone
- ID document
- Water container (min. 0.5l)
- Food supply (e.g. gels/energy bars)
- Rescue blanket (1.40m x 2m)
- Whistle
- First aid kit (incl. elastic bandage)
- Warm clothing (long-sleeved layer, long trousers or leg warmers, gloves)
- Waterproof jacket (with hood and sealed seams)
- Soft cup
- Bib number ban (wear race number visibly)

#### **HK70 - BASIC KIT (always to be carried)**

- Running vest or running belt
- Mobile phone
- ID document
- Water container (min. 1l)
- Food supply (e.g. gels/energy bars)
- Headlamp
- Rescue blanket (1.40m x 2m)
- Whistle
- First aid kit (incl. elastic bandage)
- Warm clothing (long-sleeved layer, long trousers or leg warmers, gloves)
- Waterproof jacket (with hood and sealed seams)
- Soft cup
- Number tape (wear race number visibly)

#### **HK30 EXTREME & HK70 - HOT TEMPERATURE KIT (mandatory in hot weather)**

- Sun cap/headgear
- Sun cream
- Sunglasses (UV400)
- Additional soft flask
- Electrolytes/salts

#### **HK30 EXTREME & HK70 - COLD WEATHER KIT (mandatory in cold weather)**

- Midlayer (second layer of insulation e.g. fleece or thin down jacket)
- Waterproof overpants
- Warm hat
- Warm gloves (no thin running gloves)

#### **HK30 EXTREME – SPECIAL CONDITIONS KIT (depending on track conditions on race day)**

- Spikes
- Gloves (for gripping steel cables and ropes)
- Lightweight climbing harness Klettergeschirr
- Carabiner + Descender (e.g. Petzl Reverso)

**For all other routes:** it is up to the participants to decide what to take with them for the race. However, it is strongly recommended to study the weather forecast in order to start according to the meteorological conditions. The weather forecast will be published the evening before the race. In addition, one should have a mobile phone, long-sleeved shirt and rescue blanket as well as a soft cup.

### **6.2. Poles**

Poles are permitted on all courses. If starting with poles, they must be carried throughout the entire race - from start to finish. It is not permitted to leave poles behind or pass them on during the race.

### **6.3. Headphones**

For safety reasons, in-ear headphones and noise-canceling headphones are prohibited. Bone-sound headphones that do not suppress ambient noise are tolerated.

All participants are obliged to be able to hear acoustic signals - in particular emergency calls, calls for help or whistle signals - at all times.

### **6.4. No-Cup-Policy**

For reasons of sustainability, no disposable cups will be handed out at the refreshment stations. We ask all runners to bring their own soft cup or water

bottle. Without their own container, runners are not entitled to drinks at the refreshment stations. Cups can be purchased at registration or at the race number counter.

## **7. COMPETITION RULES**

### **7.1. Timing**

Starts are mass starts. Staggered starts can be organised in case of high number of competitors.

### **7.2. Wearing the bib**

Each competitor must wear the bib number on the chest, the belly or the thigh during the whole race. The bib must be well visible (full surface and markings: number and sponsor).

The bib number gives access to aid stations, medical support as well as all facilities and services dedicated to competitors (such as left luggage, showers, etc.).

### **7.3. Behaviour on the course**

Competitors shall comply with the present Rules & Regulations (including annexes) and follow all instructions of the Race Committee.

It is reminded that:

- Every competitor must observe the signposting/course marking;
- Even in the absence of a specific rule or instruction, competitors will take the appropriate measures required by the circumstances in order to avoid accidents, which may affect them, other competitors, organisers representatives or third parties on the course.
- Competitors have a duty to assist any person in danger or victim of an accident and to inform promptly the Race Committee of any accident by phone or by a course marshal (orange gilet);
- A competitor must give way, should he be asked to do so;
- Competitors must respect the environment. No littering on the course;
- Any third party physical assistance is forbidden (pushing, pulling or carry,...).

### **7.4. Withdrawal and disqualification**

A competitor might decide to withdraw or can be pulled out of the race by the Race Committee.

Except in case of injuries, withdrawal can only take place at a check point. The competitor will then have to follow instructions from the Race Committee.

A competitor that does not meet the time limits is to be considered as disqualified and needs to follow instructions from the Race Committee.

## **7.5. Anti-doping**

The organisers draw competitors' attention on the respect of the integrity and sport ethic rules. Competitors shall abstain from any doping practice. The list of forbidden substances and methods is the WADA list (in competition) in force at the time of the competition (<http://www.wada-ama.org/en/>).

The organisers reserve the right to conduct anti-doping tests. Competitors accept to submit to such tests.

## 7.6. Penalties

### 7.6.1. Generalities

Penalties will be imposed in case of breach of the Rules & Regulations by a competitor. All decisions related to penalties are made by the Race Committee and are final.

### 7.6.2. Penalties table

Breach	Penalty
<ul style="list-style-type: none"><li>• Refusal to comply to direct instructions from Race Committee;</li><li>• Positive anti-doping test.</li></ul>	<ul style="list-style-type: none"><li>• Disqualification</li></ul>
<ul style="list-style-type: none"><li>• Other non-compliance to Rules &amp; Regulations.</li></ul>	<ul style="list-style-type: none"><li>• Five minutes penalty by breach (can be added)</li><li>• Disqualification for severe breaches</li></ul>

## 7.7. Protest

Protest can be made in writing to the Race Committee at the latest 15 min after a competitor crosses the finish line. Past this deadline, a protest will no longer be admitted.

Protest must be accompanied by a deposit of 100,- EUR that will be refunded if the protest is accepted. The deposit is not refunded if the protest is rejected.

Race committee's decisions related to protests are final.

## **8. RESULTS AND PRIZE-GIVING**

### **8.1. Results**

Rankings per category will be published on the website (hochkoenig-ultraks.at) after the results are made final.

In case of discontinuation of the race, ranking will be set according to times at the last check point.

The award ceremony for all routes will take place on site. The exact time will be announced early on the website. **In the age group classifications only the winners will be honored.**

## **9. ORGANISATION AND RACE COMMITTEE**

### **9.1. Organisation**

The Hochkönig Ultraks is organised by Jacaranda Sport Consulting GmbH, Munich.

### **9.2. Race committee**

#### **9.2.1. Formation**

A Race Committee will be formed by the organisers. It consists out of four persons. Officials, such as guides, doctors, etc. that are present along the course must be considered as representatives of the Race Committee.

#### **9.2.2. Sphere of competence**

- Manage the competition, including changing or stopping the programme/course ;
- Enforce the Rules & Regulations ;
- Act as jury in case of protest ;
- Take all decision commanded by the circumstances and that are not expressly
- covered by the Rules & Regulations

## **10. RESPONSIBILITY AND INSURANCE**

Each competitor must be personally insured against accidents and other damages. Rescue costs in case of accident are not borne by the organisers.

In case of need, the official mountain rescue service will be called to operate rescue operations and make decision regarding the engagement of necessary means, including helicopter. Costs resulting from rescue, including cost of transportation from the location where the person is transported, will be borne by the rescued person. It is the sole responsibility of the competitor to submit a claim in due time to his/her insurance.

In case the organisers have to meet costs of the rescue, such costs will have to be reimbursed to the organisers by the competitor (or his/her insurance).



## 11. LEGAL PROVISIONS

Competitors take part at the Hochkönig Ultraks under their sole responsibility and at their own risks. Competitors waive any claim or recourse against the organisers, whatever the damage suffered.

In case of accident, any liability of the organisers, its officers, employees, agents, auxiliaries, volunteers is expressly excluded to the full extent permitted by law.

Each competitor expressly allows the organisers, as well as its licensees and co-contractors, such as media and sponsors, to use pictures and films of the competition, including its preparation and follow-up phases, where he/she could appear in the context of his/her participation to the Hochkönig Ultraks, on any medium, including promotional and/or advertising documents and without limitation in time and space.

Participation to the competition does not confer any rights to use the race for promotional or commercial purposes. Any communication on the competition or use of images of the race is forbidden subject to an express and written authorisation from the organisers.

“Hochkönig Ultraks” is a registered trademark.

In case of differences between the different versions of the Rules & Regulations, the German version shall be the prevailing one.

Munich, November 2025  
The Organizer